

# Chris Fokumlah, DC

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7420 Unity Ave North Suite 204, Brooklyn Park, MN 55443

6122965143

chrispega10@gmail.com

## Professional Summary

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Experienced in delivering quality Chiropractic care following to ensure decrease in presenting symptoms to enable to live pain free and healthily.

Have seen more than close to 1000 patients within my years of practice with significant decrease in their pain thereby enabling them to live healthily.

## Skills

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- Examination of patient's spine and posture
- Evaluating the patient based on their symptoms and medical history
- Performing orthopedic test, run test, take x-ray and or other imaging
- While focusing on the integrity of the Nervous system, diagnose and treat by manual re-alignment of the spine and joints as well as incorporating adjunct therapies' and therapeutic exercises

## Experience

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*Clinic Director*

*Jun 2003 - Current*

*Metronet Chiropractic Clinic Ltd - Brooklyn Park, MN*

- As the Clinic Director and treating Chiropractor I see and treat patients within the Twin Cities Metro Area using Diversified Techniques after evaluating the patient's condition based on their symptoms and medical history.
- The Diversified techniques focuses on the patient's complain and the connection between those complains , the nervous system and spinal column.
- For diagnosis, the spine is examined and depending on the mechanism's involved in the patient's condition, x-rays and other imaging modalities may be used for definitive diagnosis and continuity of care.
- Followed up yearly Continuing Education to be abreast with contemporary knowledge requirements.
- Recent May 2020 R3 Medical Training Functional Medicine Certification

*Principal Junior Scientist*

*University of Minnesota Medical School*

- Carried out clinical designed research using scientific techniques to ensure good outcomes in designed experiments
- Carried out high-quality laboratory procedures work with little oversight.
- Reviewed activities regularly to identify opportunities for improvement.
- Maintained and updated files and records to support efficient retraceable and reproducible Standard Operating Procedures.

## Affiliations

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Member of Minnesota Chiropractic Association Member of American Chiropractic Association

## **Additional Information**

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- Community Leadership Activities , Former National President of Cameroon Protestant College Bali Ex Students Association in USA ( BOBA-USA.) Former President of the Minnesota Cameroon Community(MINCAM) Current holder of the UBUNTU Award.- A leadership/Community Involvement Award title as recognized by the Minnesota Cameroon Community.

## **Education**

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*R3 Medical Training Certification in Functional Medicine.* *May 2020*

*Doctor of Chiropractic Medicine* *Nov 2001*

*Northwestern Health Science University - Bloomington*

- Doctor of Chiropractic Medicine
- Certificate of Qualification- Chiropractic Radiology.

*BSc* *Jan 1991*

*Microbiology -University of Minnesota*

*Bachelor of Science in Microbiology*